

"Sparring Extravaganza"

Information Guide

A community service/fund raising event to benefit:



**WOUNDED WARRIOR
P R O J E C T**

"Sparring Extravaganza"

Letter of Introduction

Kensho-Do Karate & the Siena College Karate Club are conducting their "Sparring Extravaganza - 2010". This event is designed to raise money for Wounded Warrior Project.

Kensho-Do Karate is asking for your support in helping us reach our goal. If you are a martial artist, we are asking that you participate in the sparring matches which will be going on all day. If you are not interested in sparring, you may participate in the "Kick- A- Thon" in which your goal would be to execute 200 kicks at a minimum.

If you are unable to do this, we are asking for your help in other ways. You can sponsor someone who will be sparring and/or lending a helping hand on the day of the event. People will be needed to keep a running tally of the matches, organize the matches themselves, calculate the amount of money pledged, etc. Do not worry if you have never done anything like this before. You will be shown everything you need to know.

The fund raiser is to be held at Sarazon Student Union located on the Siena College Campus in Loudonville, NY on March 14, 2010.

The event will begin at 11 AM and continue until 4 PM.

Registration will begin at 10:30 AM.

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What Is It?

The "**Sparring Extravaganza Fund Raiser**" is an event very similar to a karate tournament. Martial Artists gather together and test their skills. The participants are only involved in the sparring aspect of a tournament.

Prior to the day of the event, you the fighter, will search for people to sponsor you. If the person agrees, they are expected to pledge an amount of money (\$.25/match for example) for each match that you complete.

There is **no winner or loser** in each match. There are **no points** scored. This fund raiser is **one of endurance**. It is an event in which each fighter tries to find out how long they can continue sparring throughout the day.

Each match is determined for the fighter. They are **two minutes long** each. **Point tournament rules** are followed and enforced. The fighter is expected to conduct themselves in an **orderly and respectful manner** during the day. The fighter is not obligated to participate in every match during the day. The fighter will have the option of sitting out for a period of time to rest if they so choose. But, if the fighter wishes, he/she may participate in every match that he/she is assigned.

There are **scheduled breaks** throughout the day. During these breaks there will either be **meals, refreshments, and possible demonstrations**, etc. These times are designed to give the fighter a chance to relax.

All fighters are expected to **maintain** their **body fluids**. The event can be very **tiring and dehydrating**. If you do not continually intake fluids throughout the day, it could lead to a painful experience. There will be plenty of water and juices available. Take advantage of them.

This fund raiser is meant to be a **learning experience** for everyone. It is a chance for you to **try new techniques and sharpen your present ones**. But most of all it is meant to be an **enjoyable experience**. There are no pressures to be the first to score a point.

If you are not a member of Kensho-Do Karate you may still participate in the "Sparring Extravaganza." There will be a \$25.00 entrance fee if you choose to participate in the matches. This money will be added to the money that is raised from all the other pledges.

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Rules of the Day

- No Head Contact
- No Face Contact
- Light Body Contact (with gear only)
- No Sweeps
- No Holding
- No Gear, No Contact
- Think Safety First
- HAVE FUN!!!

**Remember,
Together We Are...**

Putting Veterans first in America

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Participant Waiver

I do hereby voluntarily submit my application for attendance and participation in the "Sparring Extravaganza" sponsored by the Kensho-Do Karate & the Siena College Karate Club. I do hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur, if any, while attending and participating, and I hereby waive all claims against the promoters, or operators, sponsors, Siena College, any and all employees and their families of said event, individually or otherwise, for any claim for injuries that I might sustain.

I consent that any pictures furnished by me or any picture taken of me in connection with the event can be used for publicity, promotion, or television showing, and I waive compensation in regard thereto.

If under 18, this release and consent must also be signed by the parent or guardian of the participant.

Participant _____ Date _____

Parent/Guardian _____ Date _____

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Pledge Collection

The collection of pledges is one of the most important parts of the entire event. If the money is not collected and turned in, then all the work put into organizing and participation is put to waste. A quick return of the pledged money is essential to the success of the event.

All money needs to be collected by March 21, 2010.

The amount due by each sponsor will be filled in on the day of the event. This will be after you have finished participating for the day. This figure will be calculated by taking the number from the Total Matches space located on top of the form and multiplying it by the amount pledged for each sponsor. The Total Amount Due space will be the grand sum of the Amount Due column.

We are asking that you send one check or money order for the money you collect. The best method for this would be to have the sponsor either give you cash or to write a check to you. If the sponsor does not want to give you a check made to you personally, then have them write a check to Kensho-Do Karate. This way, we can deposit the money into our accounts so that we can have one check written from Kensho-Do Karate.

All money collected is to be mailed in the envelope provided. We ask that you enclose the sponsor sheet(s) along with your complete address. If you will not be attending the event and want to make a donation, please send your donation to:

Sparring Extravaganza
c/o Kensho-Do Karate
35 Pitch Pine Road
Albany, NY 12203

Thank you for your participation and support of our nations service men and women.